

## Workshop: Needs

Your top 5 Needs	5 Behaviors you dislike most in others
1)	
2)	
3)	
4)	
5)	

1. On the right side write the 5 behaviours you dislike most in others (explain/give an example of each to the person next to you)
2. On the left side write the 5 Needs from the Indicator result (briefly articulate how you interpret each need to the person next to you)
3. Explore any correlations between the behaviours and the Needs and draw connections with a marker
4. Look at the Needs list: "What need or needs might that person have that would compel them to behave in such a way?" (brainstorm with the person next to you)

5. Given your Needs what behaviour might you exhibit that others might dislike?

6. Think about a person that displays one or more of the disliked behaviours. "How does this affect your interaction with that person"? "What is the impact?" (Elaborate with the person next to you)

Notes: